As essential frontline workers you've seen, first-hand, the devastating effects of COVID-19. You have also led the way to demand policies and protections to keep yourself, your family, and you and those you care for safe.

The COVID vaccine is a critical tool in our arsenal to end this deadly virus. As employers move toward universal vaccination efforts, our union is committed to keeping workers informed, providing education, and ensuring caregivers have a voice in how these plans are implemented.

**SEIU**Healthcare®
Pennsylvania | United for Quality Care

For additional resources visit:
www.seiuhcpa.org/resources/covid-19/

Information compiled from the Centers for Disease Control and The Ad Council and COVID Collaborative
www.cdc.gov/coronavirus/2019-ncov/vaccines
www.getvaccineanswers.org

# PROTECT YOURSELF AND THOSE YOU CARE FOR

# VACCINE FAQS:

## Is it safe?

Yes. Over 346 million doses of COVID-19 vaccine have been given in the United States from December 14, 2020, through August 2, 2021.

COVID-19 vaccines are safe and effective. COVID-19 vaccines were evaluated in tens of thousands of participants in clinical trials and met the FDA's rigorous scientific standards for safety, effectiveness, and manufacturing quality needed to support emergency use authorization (EUA).

## Can I get COVID-19 from the vaccine?

No. There are no live virus particles in the vaccine. It is impossible to contract the virus from the vaccine.

## What about side effects?

Results from vaccine safety monitoring efforts are reassuring. Some people have no side effects. Others have reported common side effects like: pain at injection site, fever, headache, tiredness, muscle pain, chills, and nausea.

Serious side effects that could cause a long-term health problem are extremely unlikely following any vaccination, including COVID-19 vaccination. Millions of people have received COVID-19 vaccines, and no long-term side effects have been detected.

## Will getting vaccinated now even make a difference?

Getting the vaccine as soon as possible provides the best chance of protection from serious illness and hospitalization. If you were to get exposed to COVID too soon after getting vaccinated you may still get ill, however getting vaccinated after having COVID offers additional benefits.

## I already had COVID. Do I need to get vaccinated?

Yes, you should be vaccinated regardless of whether you already had COVID-19. That's because experts do not yet know how long you are protected from getting sick again after recovering from COVID-19. Studies have shown that vaccination provides a strong boost in protection in people who have recovered from COVID-19.